

# March 2012

March 28th

Dover Straits

Election of Officers for 2012 ~ 2014 Term

Awards

Legislation, Leadership, Membership, Ways & Means,  
Native American/Veterans,  
Child Abuse Prevention/Domestic Violence,  
Arts & Crafts Show Winners Award Certificates

~ ~ ~

April 25th

The Forge Club

Awards and Installation of Officers for 2012 - 2014

Art, Conservation, Education, Health, Home Life,  
International Outreach, Public Issues

## President's Message

The 10th District has 12 General Clubs, 2 Junior Clubs and 1 Juniorette Club. We are happy to report that all are going strong! Thanks to Margaret Cole, former and current Director of Junior Clubs, our 10th District Juniors are now more engaged with the District. Several of them modeled at our annual Ways & Means Fashion Show Fund Raiser! Margaret also keeps the District advised of their activities in a timely manner, both through announcements in our District newsletter and at our District Board meetings. Our General Clubs community activities include making "welcome" kits for clients of domestic abuse centers, visiting the elderly in nursing homes and hosting birthday parties with cake, ice cream and gifts donated by club members. They continue to generously donate their time and monies to support a wide range of worthy local, national and international organizations, including: Operation Smile, Heifer International, The American Indian Center, The Illinois Humanities Council, Reading Power, Inc., Habitat For Humanity, United Way and many, many others to the tune of over 42K. Our District Fund Raisers included: Fashion Shows, Book Sales, Card and other games, Calcutta drawings, Musical Programs, Hat Raffles, 50/50 Raffles and Silent Auctions. The proceeds from these efforts support philanthropies and numerous scholarships. All of our clubs are awesome! The 10th District annual Ways & Means Fashion Show/Board Meeting/Luncheon was a success earning over \$2,000 to support our District. The 10th District President's Special Emphasis: Prevent Sexual Abuse, benefits the Zacharius Sexual Abuse Center in Lake County with the proceeds from our club year's monthly 50/50 raffles. Our District is unique in that we host an annual Program Auditions Board Meeting/Luncheon, sadly discontinued on the state level. Our 10th District Program Chair, Carol Behm, has assembled yet another stellar lineup for this club year's meeting. Please remember that all

are welcome to attend this annual February event!

## Nancy Cummings

38462 N Burr Oak Lane; Wadsworth IL 60083  
847-263-1413

Email: [bythepond38462@gmail.com](mailto:bythepond38462@gmail.com)

My symbol is ~ Yin & Yang

My colors are ~ Silver and Blue,

My flower is ~ Morning Glory,

My motto is ~ "forget not to be kind"

My theme is ~ "complementary opposites within a greater whole."

My special emphasis is "Prevent Sexual Abuse," and the charity I have designated is:

The Zacharius Sexual Abuse Center- formerly La CASA- Lake County Council Against Sexual Assault  
4275 Old Grand Avenue

Gurnee, 60031

PH: 847-244-1187

Website: [www.zcenter.org/contact.htm](http://www.zcenter.org/contact.htm)

## President Elect ~ Marty Butler

The Appointments Committee will meet soon to begin its work of filling the various non-elective positions in the 10<sup>th</sup> District 2012-2014 administration. It is my hope that each of you, when called upon to serve in one capacity or another, will respond with a resounding "Yes, I'll be glad to!" The current and past administrations have raised the bar high, so the 2012-2014 administration has a huge challenge to do as well. I am confident this challenge can and will be met through the efforts of the many talented club members within 10<sup>th</sup> District. So, please be a willing team member when tapped to take on a responsibility, large or not-so-large, to help accomplish great results.

## Vice President ~ Membership ~

Linda Anne Valentino

Please let me know if a member of your club has passed away so that they can be remembered.

My contact information is

Linda Valentino

10630 Tuttle Road

Trevor WI 53179

Phone 262-862-9228

Email lvalentino@wi.rr.com

## Director of Junior Clubs

Loveable Huggable Volunteers  
Building Blocks of the Future

**Margaret Cole**

847-395-0172

## Corresponding Secretary ~

Lue Halfpap

If you have any changes or corrections to the District yearbook please let me know so they can be published in the newsletter

My contact information is:

3402 Stretch Run Road

Grayslake IL 60030

847-548-0121 Lue.halfpap@att.net

## Nominating Committee Report

The following were nominated for office for the 2012 – 2014 term

President Elect Linda Anne Valentino

Vice President Louise Starzynski

Recording Secretary Phyllis Cossarek

Corresponding Secretary Audrey Lyle

Treasurer Lue Halfpap

## Parliamentary Corner-

Phyllis Cossarek

QUESTION:

Must debate on a motion stop immediately as soon as any member calls for the question?

ANSWER:

It is a fairly common misconception that, after debate has continued for some time, if any member shouts out "Question!" or "I call the question!" debate must immediately cease and the chair must put the pending question to a vote. This is simply not the case. Any member who wishes to force an end to debate must first obtain the floor by being duly recognized to speak by the chair, and must then move the *Previous Question*. Such a motion must be seconded, and then adopted by a two-thirds vote, or by unanimous consent. It is not in order to interrupt a speaker with cries of "Question" or "Call the Question, and even if no one is speaking, it is still necessary to seek recognition.

## Health — Jo Galassini

Spices Your Body Wants.

Turmeric ~ Its yellow tint makes your food look enticing, but turmeric's biggest selling point is that it contains curcumin, which may ease headaches, act as a decongestant, help reduce allergy symptoms, and ward off colds. "It seems to be as effective as some drugs for certain conditions," said Bharat Aggarwal, PhD, professor of experimental therapeutics at MD Anderson Cancer Center in Houston.

Cumin ~ Ground or whole, this seed is rich in vitamins A and C and is thought to help fight off sinus infections and colds, says Aggarwal, author of the new book *Healing Spices*.

Peppermint ~ It's a powerful anti-inflammatory, Aggarwal says, and may soothe a sore throat and reduce coughs and congestion. Use it for tea, or mix it into yogurt and chutney.

*Beth Dreher*

*From the February 2011 Readers Digest*

## World of GFWC

By: Karen Erb

[www.gfwc.org](http://www.gfwc.org)

[www.gfwcillinois.org](http://www.gfwcillinois.org)

[www.10thdistrict.gfwcillinois.org](http://www.10thdistrict.gfwcillinois.org)

Or follow the link on our state website

([www.gfwcillinois.org](http://www.gfwcillinois.org)) under the button

“Related Links.”

10<sup>th</sup> District email address

[Gfwcild10@yahoo.com](mailto:Gfwcild10@yahoo.com)

## Meeting Dates for 2011 ~ 2012

Times for all meetings are as follows (unless otherwise notified)

9:30 a.m. Registration

10:00 a.m. Meeting Opens

Social 11:30 a.m. ~ Noon ~ Lunch

Meeting continues after lunch if necessary.

April 25 ~ Awards and Installation of Officers ~

The Forge Club, Vernon Hills.

## Next Newsletter Deadline

will be March 29<sup>th</sup>.

The next newsletter will be mailed about April 5<sup>th</sup>.

The list of performers from the Program Bureau will be in the next issue. I did not have time to compile the list.

Margaret

GFWC – IL 10<sup>th</sup> District  
Awards Luncheon

Dover Straits ~~ Mundelein Illinois

Wednesday March 28, 2012

You will choose your entrée from the following menu selections when  
you dine at Dover Straits

**Atlantic Salmon** with Meuniere Sauce

**Golden Tilapia** with Mushrooms and Lemon Butter Sauce

**Breast of Chicken Marsala** with mushrooms and Garlic

**Stir Fried Beef Tenderloin** with Teriyaki and soy over Rice

All meals are served with rolls and butter, cup of soup, a mixed green salad,  
potato and vegetables.  
Dessert ~~ Spumoni

Make check payable to GFWC Illinois 10<sup>th</sup> District and mail to  
Mary Jean Baehler: 649 Longview Drive: Antioch IL 60002  
847-395-8982

Reservation Deadline is Wednesday, March 21<sup>st</sup>  
Please put club name on you check  
A made reservation is a PAID reservation.

~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Enclosed is my / our check for \_\_\_\_\_ reservations for the March 28<sup>th</sup> Luncheon

\_\_\_\_\_ X \$18.00 = \$ \_\_\_\_\_ Club Name \_\_\_\_\_

- 1.
- 2.
- 3.
- 4.

- 5.
- 6.
- 7.
- 8.