

GFWC Illinois 10th District January 2016

Arts & Crafts Show White Deer Run Golf Club 250 West Gregg's Parkway ~ Vernon Hills January 27



Presidents Report

Hello Everyone,

I hope everyone had a joyful Christmas and a Happy New Year.

Speaking of New Year, here we go again, starting over again. It seems like yesterday I was installed as your President and in four short months a new woman will take my place as your President. It has been an honor and a challenge. I've become better acquainted with so many of you, and I thank you all for your service.

Now, back to business. This month will be very busy for you. There is our own Arts and Craft Show. I'm looking forward to viewing all of the creativity from our Northern 10th District. I hope more women will participate this year. You are all so talented. Come on – participate. There are many categories. Look them over and bring something to the Show.

REPORTS. We cannot forget about those reports. We work so hard all year long, let's put it in writing. The awards are wonderful, and we certainly appreciate the recognition, but most importantly GFWC has a report, not only from the State of Illinois, but from Clubs throughout the US showing how the women of GFWC make a difference. We are a force – as they say in Star Wars -- “May The Force Be With You”. The more force, the more power. The more power, the more difference we make in the World. Please submit your reports.

The State Grid will be enclosed in the newsletter, along with the 10th District's names of chairmen and addresses. You may send your State reports by email. We at 10th District require you send them by U. S. Mail. All reports must be mailed or emailed by the deadline, Monday, February 1, 2016. Suggestion: if you are dropping them off on February 1st take them into the Post Office and have the clerk postmark them.

I am so excited about the Arts and Craft Show – see you there.

Yours in Federation,

Linda Anne

Arts and Crafts Show

January 27, 2016

White Deer Run Golf Course

Hello Ladies!

Before you put your Christmas decorations away, is there an original design that you should share with us at the annual 10th District Arts and Crafts Show? Think back over the projects you have done. Don't sell any of your efforts short! We welcome all entries.

We only ask that it be something you completed this year (2015) and we require 2 - 3 x 5 cards completed on one side with your name, address, phone number, club name, category, and title of entry. On the reverse side only the category, indication whether this is a kit or original design, plus a brief description of your entry. There will be cards available for you to use. As last year, the categories are:

Category 1 - oil painting, watercolor, acrylic, tempera

Category 2 - colored pencil, pencil, etching, charcoal

Category 3 - decorative painting ~ any media ~ china, ceramic, wood, glass, metal

Category 4 - needlepoint, cross stitch, plastic canvas, latch hook, rug hook, weaving

Category 5 - embroidery, tatting, quilting

Category 6 - wall hangings

Category 7 - crochet, knitting

Category 8 - holiday decor

Category 9 - floral arranging, wreaths

Category 10 - paper art, albums, stencil, stamped cards

Category 11 - jewelry, beading

Category 12 - sculpture

Category 13 - dolls, stuffed animals, wearable art

Category 14 - photography including living things, scenes, still life, GFWC volunteers in action

Please present your entries by 10:00 a.m.

One entry per category and any signed works need to have the name covered. Ribbons will be awarded for first, second, third places and "Best of Show". We will have a little more sparkle this year with table decor and our guest judges. Please support our resident artists with your attendance even if you choose not to enter an "artifact".

Regina Orawiec

Conservation ~ Darlene Rayner

Holiday Recycling

If you have a fresh Christmas tree this year, cut off the boughs and use it as mulch for your garden or contribute your greens to community composting.

Most wrapping paper can be recycled with other mixed paper. The exceptions include metallic prints, paper with embedded textures, and plasticized paper. Consider re-using pieces of non-recyclable paper, or save it for craft projects throughout the year.

If your holiday lights are burnt out, bring them to a Home Depot, they operate a recycling program for lights.

Source Mary Jane's Farm

Happy New Year!

Education ~ Carol Behm

There is still time to submit candidates' names for GFWC IL state scholarships. If you need forms or information, please contact me.

(847) 625-6993

Cbrbeh@aol.com

Home Life / Health ~ Willa Dietrich

Five Items To Clean When Someone Gets Sick At Home And How To Clean Them

It's that time of year again.

Flu season is well underway, and if it strikes your home, there are a few cleaning routines that can help it from spreading.

To reduce the risk of infecting others in the house, follow these precautions:

Thermometer

It's important to clean the thermometer after each use, but how you clean it depends on what type of thermometer you have.

For glass thermometers, wash it with soap and cool water, then rinse and dry. Or you can wipe it with a cloth soaked in alcohol. Allow it to air dry.

For digital thermometers, wipe the probe with alcohol and a soft cloth. Allow it to air dry.

For instant reading thermometers, use alcohol on a soft cloth to wipe the portion that comes in contact with the person. Even though they are supposed to read temperature without contacting skin, often the sensor makes accidental contact.

Humidifier

You'll need to clean your humidifier if:

- You have been using it for a couple of months
- You've used it heavily for one day
- You haven't used it for several weeks

The tank portion should be drained and wiped dry every day or two. If scum has built up in the tank, wash with either white vinegar (1 cup to 1 quarter of water) or a mild solution of bleach and water (1 tablespoon per tank of water), then rinse it with cool water and dry.

The base portion should be cleaned by pouring undiluted white vinegar into the well. Allow it to sit for 30 minutes. Rinse.

Medicine cup

Any cup used to make medicine needs to be washed inside and out with soap and warm water after each use.

Toothbrush

According to the CDC (Centers for Disease Control & Prevention), a person cannot get re-infected by using a toothbrush that was used when they were sick. However, for further assurance, soak toothbrush in mouthwash for a few minutes. Rinse and store uncovered away from other people's toothbrushes.

Public Issues Community Service Program – Evelyn Dill

It's time to work on those REPORTS. I am looking forward to receiving a report from every club in the district. You all work in this department.

- You say the pledge to the flag at your meeting.
- You donate to veterans with care packages.
- You donate & entertain at VA hospitals.
- You honor veterans on Veterans Day.
- You support the USO.
- You participate in Memorial Day events and fly the flag on holidays.
- You attend Chamber of Commerce and Village Board meetings.
- You support your local police and fire departments.
- You have programs on safety.

And many other projects and programs. Review your minutes from all meetings in 2015 and you will come up with many things to report.

No excuses I want a report from every club.

Dates & Locations for 2015 – 2016

All meetings start as indicated on the meal reservation form. Break for lunch about noon. Meeting continues after lunch as necessary.

January 27 ~ Arts & Crafts Show

White Deer Run Golf Club

250 West Gregg's Parkway ~ Vernon Hills

February 24

Arboretum Club

March 23

Dover Straits ~ 890 US Hwy 45 ~ Mundelein

April 27

Arboretum Club

Newsletter News

Please send all submissions as a word document (.doc or .docx) not a PDF or just put it in the email message itself. Send to the District email address:

gfwcild10@gmail.com

By virtue of their office, the following receive the newsletter District Officers and Committee persons: Club Presidents; Past District Presidents and Past Directors of Junior Clubs.

Subscriptions for the print version are \$5 per year (September to May issue). Send check made out to GFWC IL District 10 and mail to Margaret Cole; 285 Chestnut Street; Antioch IL 60002 (phone 847-395-0172)

If you have an email address you may receive the eversion of the newsletter at no charge. Just send an email to **GFWCILD10@gmail.com** requesting to be added to the email list

Newsletter submission deadlines for 2016 are as follows:

January 30 for the February meeting

February 28 for the March meeting

March 28 for the April meeting

Energize Your Club – Have More Meetings! A Successful Approach

Energizing existing members and attracting new members is a challenge every Woman's Club faces. Sometimes, you just have to try something different and watch what unfolds.

The Antioch Woman's Club celebrated its 95th year in 2015. With such a long, rich history come many wonderful accomplishments and traditions. But the Club, of Lake County in Northern Illinois, needed to think about how they were reaching and engaging members.

Many women were very happy with the September thru May meetings as well as the traditional fundraisers and other events. Other members and potential members spent a month or more wintering in more moderate climates and felt they "missed out" during the time they were gone. Other women missed the camaraderie of the Club during the summer months.

President Jean Johnson and her board decided to try something different. They scheduled activities and meetings during the summer months. Without taking a formal vote, they moved forward with a summer plan for 2015.

Taking into account the lure of summer weather and activities, summer meetings were short and fun. June's meeting was a *Thank You Luncheon* at the Lehman Mansion, a local historic site. Instead of a typical business meeting, more time was allocated to an optional hands-on craft workshop as well as a narrated tour of the history-rich mansion. July's meeting was a *Picnic at a Forest Preserve*. An *Ice Cream Social* rounded out the summer schedule in August.

Because the Club was active during the summer, members had more opportunities to show their volunteer spirit. The Club supported various Village summer activities, including participation in Craft Fairs, Lions Club annual chicken BBQ, and weekly outdoor concert series. Another notable event was the Club's selection as "Grand Marshall" of the traditional July 4th parade in honor of AWC's 95th anniversary.

The benefits of being a Club with year-round activities were many – greater member engagement, more options for activities and

volunteering, additional fundraising events to support many worthy causes, as well as building awareness of the Club and its mission throughout the community.

So, the summer felt like a big WIN, but Jean and her board wanted to make sure they weren't missing something or not hearing from a full cross section of members. A quick, one-page survey was distributed at the September meeting, asking for feedback on the different summer meetings, activities, and fundraisers. Results were very positive.

AWC added three new members over the summer. One new member said, "Now that you meet year round, I will join Woman's Club. I never joined before because I was gone for so long in the winter." A long-term member said, "It's so nice to get together in the summer to keep in touch with other members."

Does Jean have advice for other Clubs interested in exploring year-round meetings and activities? Of course! Jean suggests, "Ease into the change. Don't make it a big deal. Don't do too much at once. Try it and adjust based on feedback."

A 12-month schedule gives members more social options, as well as more opportunities for volunteer hours to meet club or personal goals. Members who have busy summer schedules may be more active during other months, but have more, new options.

Greater participation in social activities builds engagement which translates into willingness to give. Overall, the move to a 12-month Club created positive momentum for the Antioch Woman's Club.

Any other advice from Jean? "You might have to change some entrenched terms. For example, our *September Opening Meeting* is now called our *Fall Meeting*, and our *May Closing Meeting* is now called our *Annual Meeting* – just in time to kick-off our summer of fun."

Written by Karen Batterman

GFWC Illinois Tenth District

January 27, 2016

Meeting Begins at 10:30 a.m.

Arts & Crafts Show

White Deer Run Golf Club,

250 Gregg's Parkway, Vernon Hills, IL 60061

Menu Choice:

Chicken Dijon: breast of chicken marinade in mustard and white wine, served with mushrooms and scallions, a mix of broccoli, cauliflower and carrots.

OR

Roast Vegetable Ravioli in a parmesan cheese sauce

Both Entrees include:

Broccoli and Cheddar Ale soup

Warm rolls and butter, coffee, tea and iced tea.

For dessert, apple strudel with vanilla ice cream and caramel sauce.

Cost is **\$24.00** per person

Cash Bar.

Reservations must be made by January 20th 2016

Make checks payable to *GFWC IL 10th District* and mail to:

Joan Foss; 342 Sequoia Ct; Antioch IL 60002 ~ ~ Cell phone 847-951-7293

A RESERVATION MADE IS A RESERVATION TO BE PAID

Please, ladies, make your reservations in a timely fashion.

Please make checks payable to: GFWC IL 10th District

\$24.00 per person

Club Name _____

Amount Enclosed _____

List names	Entrée (please circle choice)
	Chicken Dijon OR Vegetable Ravioli
	Chicken Dijon OR Vegetable Ravioli
	Chicken Dijon OR Vegetable Ravioli
	Chicken Dijon OR Vegetable Ravioli
	Chicken Dijon OR Vegetable Ravioli
	Chicken Dijon OR Vegetable Ravioli

Mail to: Joan Foss, 342 Sequoia Ct., Antioch, IL 60002

2015 Reporting

Special Projects

GFWC Signature Project

Domestic Violence
Awareness and Prevention

Linda Anne Valentino
10630 Tuttle Road
Trevor, Wi 53179

GFWC Illinois State Project

"Our Promise – A Safe Place for Every
Child"

Linda Anne Valentino

GFWC Junior Special Project – Junior Clubs

"Advocates For Children"

Margaret Cole
285 Chestnut Street
Antioch IL 60002

Community Service Programs

Arts

Regina Oraweic
1800 Gilboa Avenue
Zion, Illinois 60099

Conservation

Darlene Rayne
33359 Stanton Lane
Ingleside, IL 60041

Education

Carol Behm
2509 North Augusta
Wadsworth, IL 60083

Health/Home Life

Willa Dietrich
P.O. Box 377
Zion, IL 60099

International Outreach

Maureen Fremgen
42553 North Linden
Antioch, IL 60002

Public Issues

Evelyn Dill
810 Audubon Way, Apt. T-18
Lincolnshire, IL 60069

Communications & Public Relations

Phyllis Cossarek
2915 Crabtree Lane
Wilmette, IL

GFWC Advancements

Fundraising

Lynne Fletcher
39933 Golf Lane
Antioch, IL 60002

Legislation/Public Policy

Margaret Cole
285 Chestnut Street
Antioch IL 60002

Leadership

Carol Johnson
79C Meadow Place
Lake Barrington, IL 60010

Membership

Carol Johnson

WHRC

Phyllis Cossarek
2915 Crabtree Lane
Wilmette, IL 60091

Special Projects	GFWC Illinois Chairmen	GFWC Illinois Jr Chairmen
GFWC Signature Project Domestic Violence Awareness and Prevention	Mary Jo Murphy 2037 S Canterbury Place Wheaton IL 60189 whtnsmurfs@yahoo.com	Maria Uribe 104 Boardwalk St, Unit 2W Elk Grove Village IL 60007 mfuribe8@gmail.com
GFWC Illinois State Project “Our Promise..A Safe Place for Every Child”	Karel Volpert PO Box 345 Bismarck IL 61814 karelvolpert@fullchoice.tv	
GFWC Junior Special Project “Advocates For Children”		Maria Uribe 104 Boardwalk St, Unit 2W Elk Grove Village IL 60007 mfuribe8@gmail.com
Community Service Programs		
ARTS Art Contests	Betty Koran 5349 S 73rd Court Summit IL 60501 georgekoran@aol.com	Sue Lucio 2917 Talaga Dr Algonquin IL 60102 slucioejwc2006@aol.com
CONSERVATION	Elaine M. Bush 623 Meadowbrook Lane Centralia IL 62801-4420 emb118@charter.net	Amee Lee 8 Penacook Rochester , IL 62563 ameegfwcil@gmail.com
EDUCATION	Jo Koenig 730 S Gables Boulevard Wheaton IL 60189 jkoenig9698@gmail.com	Sara Gilbert 1810 West Acres Road Joliet IL 60435 gilbertsara1@gmail.com
HOME LIFE	Marsha Vaughn 3535 Walleye Road Morris IL 60450 malvaughn@comcast.net	Cyndi Fulco 15202 Lincolnway Plainfield IL 60544 cjfulco5@gmail.com
INTERNATIONAL OUTREACH	Barbara Potter 414 S Thomas Street Gilman IL 60938 Barb@PotterRentals.com	Kim Kalafut 1207 Wales Court Shorewood IL 60404 foot8@comcast.net
PUBLIC ISSUES NATIVE AMERICAN VETERANS	Karen Meyer 10011 S Claremont Avenue Chicago IL 60643 kmeyer5396@aol.com	Debbie Monteith 1136 Golden Oaks Parkway Aurora IL 60506 dmonteith02@msn.com
GFWC Advancements		
COMMUNICATIONS AND PUBLIC RELATIONS	Judy Sochor PO Box 739 Cerro Gordo IL 61818-0739 jsochor@yahoo.com	Julie Stiles 755 Quail Run Coal City IL 60416 gfwcjulie@yahoo.com
FUNDRAISING	Deb Hazlett 570 N Shabbona Street Coal City IL 60146 dhaze1006@yahoo.com	Sandy Christofanelli 3118 Monterey Drive Flossmoor IL 60422 sandychristo62@gmail.com

GFWC Advancements (continued)	GFWC Illinois Chairmen	GFWC Illinois Jr chairmen
LEADERSHIP	Elena Lipinski 698 Canyon Lane Elgin IL 60123 sjlipinski@yahoo.com	Patti McNaught 733 S Oakwood Geneseo IL 61254 rmcnaught@mchsi.com
LEGISLATION/PUBLIC POLICY	Becky Weber 602 Malone Court Metamora IL 61548 mweber@mtco.com	
MEMBERSHIP	Alice Betlach 1229 Kropp Road Millstadt IL 62260 mom21girl3@yahoo.com	Terri Tatroe 7825 E Arrowleaf Trail Coal City IL 60416 tabtatroe@yahoo.com
WHRC	Trisha Schafer 19052 1750 North Ave Princeton IL 61356 trisha@schafercabin.com	

Revised 1/9/15